



Hands on: **Make a rune stick**

Materials and tools

- A stick about 20-25 cm long, preferably fresh, as it is easier to carve
- A sharp whittling knife
- Optional: a round file

Instructions

















- 1 Carve the bark off the stick.
- 2 Decorate the stick with runes. You can carve your name or a message if you like.

You can also make rhythm sticks

For this, carve the bark off two sticks. On one half of each stick, you can decorate with runes or patterns. On the other half, carve or file grooves. When you tap the sticks together or rub the grooves against each other, you can create sounds and rhythms. As the wood dries, the sound will become clearer.

The runes

The old Germanic word 'rûna' means whisper, counsel, or secret. The Vikings believed that runes were magical. Perhaps you can add magical power to your rune stick or rhythm sticks by carving some words in runes.

 F	 R	 I E J	 B P
 V W U	 K G Q	 A	 M
 D	 H	 S C	 L
 O	 N	 T	 Y