



Hands-on: **Make a tallow candle**

Materials and tools

- A pottery cup or small bowl
- Dried tinder fungus
- A small lump of clay
- Lard or vegetable fat
- A saucepan, a cooker, a ladle and a knife



Instructions

- 1 Melt the fat in a pot. Supervise the pot at all times.
- 2 Cut a suitable piece of dried tinder fungus to use as the wick. Fix it to the bottom of the cup with clay. If you do not have or cannot get hold of tinder fungus, a cotton wick can also be used.
- 3 Pour the melted fat into the cup. Be careful! The fat is very hot, and the wick must not be drowned (that is, covered over with fat).
- 4 Leave the fat to cool and harden completely before lighting the candle.

