



## Hands-on: **make a viking helmet**

### Materials and tools

- Cardboard box
- Corrugated cardboard
- Glue gun
- Pencil and craft knife/scissors
- Craft paint (e.g. grey and gold) and a brush
- Tape measure



### Instructions

- 1 Measure your head and find out how large the helmet's circumference should be, and how tall the helmet needs to be to fit you. Do not measure too tightly.
- 2 You need to cut:
  - 1 long cardboard strip (4 cm wide) that fits the circumference of your head.
  - 2 shorter cardboard strips (4 cm wide) that fit the helmet's height from ear to ear and from forehead to back of head.
  - 4 triangles of corrugated cardboard for the helmet's sides.
- 3 Glue the strips together and check that the framework of the helmet fits your head.
- 4 Glue the four triangles on from the inside of the helmet.
- 5 Paint and decorate your Viking helmet.

